

Kiddush

קִדּוּשׁ

הִנְנִי מוֹכֵן וּמוֹדֵם לְקִיּוֹם מִצּוֹת כּוֹס ראשונה מארבע כוסות שהוא
 כְּנֻגַד בְּשׁוֹרֵת הַיְשׁוּעָה, שֶׁאָמַר הַקָּדוֹשׁ בְּרוּךְ הוּא לְיִשְׂרָאֵל: וְהוֹצֵאתִי
 אֶתְכֶם מִתַּחַת סִבְלַת מִצְרַיִם.

On Shabbat add the shaded words.

I am ready to fulfill the commandment of drinking the first of the four cups. This recalls God's promise of redemption to the people Israel, as it says, "I will free you from the burden of the Egyptians."

On Shabbat add the shaded words.

And there was evening and there was morning, the sixth day. The heavens and the earth, and all they contain, were completed. On the seventh day God finished the work, which He had been doing. He rested on the seventh day from all the work, which He had done. Then God blessed the seventh day and sanctified it, because on it He rested from all His work of creation.

Praised are You, Lord our God, King of the universe who creates the fruit of the vine.

Praised are You, Lord our God, King of the universe who has chosen us and distinguished us by sanctifying us through His commandments. You have lovingly favored us with **Shabbat for rest and festivals for joy, seasons and holidays for happiness, among them this Shabbat and this day of Pesah, the season of our liberation, lovingly, a day of sacred assembly commemorating the Exodus from Egypt. You have chosen us, sanctifying us among all peoples by granting us Shabbat and Your sacred festivals lovingly and gladly in joy and happiness. Praised are You, Lord who sanctifies Shabbat and the people Israel and the festival seasons.**

The Kiddush is recited over wine. Customarily, red wine is used, although any wine is acceptable. One custom that I learned is to use the best kosher wine available in order to enhance the Mitzvah (*bidur mitzvah*). The person who told me this said they use Champaign at their seder for the four cups. Being a fan of wine, I like to use a different wine for each cup. I use a sweet wine for the Kiddush because of our joy. For the second cup a dry wine, from which we spill some drops during the recitation of the ten plagues. The third cup is used for Birkat Hamazon, so I use wine I might have had with the meal. And finally for the fourth cup, a very sweet dessert wine to signify the future redemption.

Children do not have to take wine, but can have grape juice. In the time of the Talmud, it was customary to give children nuts and toasted grains at this point to help keep them awake. Perhaps we can give the children small candies and nuts at this time to help keep them awake and to spark questions.

On a regular day, if one drinks wine, they recite *borei pri hagafen*, who creates the fruit of the vine. On a Shabbat or holiday the wine has a double purpose, the blessing of the wine and the sanctification of the day. On Pesah, there is a third reason. The kiddush is the introductory blessing for the seder itself.

וַיְהִי עֶרֶב וַיְהִי בֹקֶר

יוֹם הַשְּׁשִׁי, וַיְכַלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל-צְבָאָם: וַיְכַל אֱלֹהִים
 בַּיּוֹם הַשְּׁבִיעִי, מְלַאכְתּוֹ אֲשֶׁר עָשָׂה, וַיִּשְׁבֹּת בַּיּוֹם הַשְּׁבִיעִי, מְכַל-
 מְלַאכְתּוֹ אֲשֶׁר עָשָׂה: וַיְבָרֵךְ אֱלֹהִים אֶת-יוֹם הַשְּׁבִיעִי, וַיְקַדְּשׁ
 אֹתוֹ, כִּי בּו שְׁבַת מְכַל-מְלַאכְתּוֹ, אֲשֶׁר-בָּרָא אֱלֹהִים לַעֲשׂוֹת:

סְבָרִי מְרֻנּוֹ וְרַבְּנֵן וְרַבּוֹתֵי

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מִלֶּךְ הָעוֹלָם, בּוֹרֵא פְרֵי הַגֶּפֶן:
 בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מִלֶּךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מְכַל-עַם,
 וְרוֹמַמְנוּ מְכַל-לְשׁוֹן, וְקִדְּשָׁנוּ בְּמִצְוֹתָיו, וַתִּתֵּן-לָנוּ יְיָ אֱלֹהֵינוּ
 בְּאַהֲבָה שְׁבֻתוֹת לְמִנוּחָה וּמוֹעֲדִים לְשִׂמְחָה, חַגִּים וְזִמְנִים לְשִׁשׁוֹן
 אֶת-יוֹם הַשְּׁבֻת הַזֶּה וְאֶת-יוֹם חַג הַמִּצּוֹת הַזֶּה. זָמַן חֲרוּתָנוּ,
 בְּאַהֲבָה, מִקְרָא קִדְּשׁ, זָכַר לִיצִיאַת מִצְרַיִם. כִּי בָנוּ בְּחִרְתָּ וְאוֹתָנוּ
 קִדְּשָׁתָּ מְכַל-הָעַמִּים. וְשְׁבֻת וּמוֹעֲדֵי קִדְּשֶׁךָ בְּאַהֲבָה וּבְרַצּוֹן
 בְּשִׂמְחָה וּבְשִׁשׁוֹן הִנְחַלְתָּנוּ: בְּרוּךְ אַתָּה יְיָ, מִקְדֵּשׁ הַשְּׁבֻת וְיִשְׂרָאֵל
 וְהַזְּמִנִּים: